



**South Muskoka  
Club No 119  
Chartered June 12 2001**

## **April Monthly Newsletter**

**Please note change in Start Time**

**April 7th, 2021**

**10:15 AM Social time**

**10:30 AM Meeting starts**

**12:00 AM Social time**

Following COVID-19 precautionary guidelines.

### **Bios and Passions:**



Ted Daglish loves to travel. Growing up he only had 2 weeks at a cottage or hotel. Then through work he got to see a lot of Canada and then as his kids grew older they could explore more of the world. As an engineer, he wondered how people in the past did such amazing work. He selected a small piece of Cambodia to share. Little known or explored, there are many engineering discoveries to be made.

### **April Presentation - What is Your Pelvis Telling You?**



**Our presenter for April is Carolyn Vandyken, a registered physiotherapist, pelvic health educator, researcher, author, and co-owner of Physio Works Muskoka. She is also co-owner of Pelvic Health Solutions, a teaching company whose mandate is educating everyone on the importance of pelvic floor health. Her research is in the area of connecting pelvic health to low back pain. Please join us for what will be a fun and informative session on what your pelvis is telling you!**

If you have any suggestions of speakers, please contact Sally James at 705-645-2581 or Email [sallyjames@rogers.com](mailto:sallyjames@rogers.com)

## Presidents Message

Good Day South Muskoka Probus Members,

Well, Spring is certainly in the Air and Easter is around the corner! The snow is disappearing, water is flowing and there is a hint of green coming through. Soon, we will be digging in gardens and/or setting flowerpots out. According to Horticulturists we gardeners, should hold off raking leaves till the pollinators can escape their winter hiding spots, which is after a few days of +10C temperatures. We almost achieved that recently, so not much longer.

A reminder that Earth Month (April) and Earth Day (April 22<sup>nd</sup>) is fast approaching. With what we know about Climate Change and our governments inaction on most levels, there are things that we can do. While taking part in a cleanup is good thing to do, the real impacts needed, lie in placing your efforts (time and/or money) where you see the most change is possible.

On the PROBUS Canada front, the Canada Zoom Team has been working on investigating the technology and developing the procedures/training to enable Clubs across Canada to implement Hybrid Meetings. Whenever we are able to meet face-to-face, with the hybrid capability we would have a Zoom portion as well. This would allow club members who are not comfortable with attending in person to attend via Zoom. While this is a great initiative, the Management Committee has agreed not to go down this road. The reason being, we have enough challenges with the Sports Plex sound system and projector, we really do not need another challenge. I am sure we all agree on that point.

That said, if we have a member or two, feeling they can help make hybrid meetings happen, we would be glad to have you join our team and make it happen!!

Best Regards and stay healthy,  
Your President,  
Paul Kuebler



## **Member at Large takes on New Role!**

Meet Colleen Penniston, your new Newsletter Chair!



Hello everyone. My name is Colleen Penniston, and I am the one who has volunteered to take over our Probus Newsletter from Ralph Webbe. Kudos Ralph. It will take a lot to fill your shoes!

I am a Montrealer born and bred who moved to beautiful Muskoka in September 2012 and I joined Probus of South Muskoka in the spring of 2019.

For those who are interested, I like to sew, knit, and crochet. I am very good with a paint brush and roller and I know how to swing a hammer and use a saw. I have helped build a cottage, a big 4 bdrm house and renovated many of our homes. Jack of all trades master of none. LOL

For pleasure, I love being on water and sailing. When I retired in early spring 2005, I was fortunate to sail from the North Channel of Lake Huron to the Maritime provinces, down the eastern seaboard to Miami, then over to the Bahamas. What a great 2 years we had living aboard our Morgan 38.

I love the camaraderie I receive from Probus and the wonderful people I have met. Hopefully, you like the future newsletters as much as the past ones. ENJOY!

### **AN INVITATION TO ALL MEMBERS**

We remind our members that you are welcome to send questions, concerns, suggestions or Newsletter submissions (appropriate stories, photos, favourite recipes, book recommendations, jokes, etc.) to the Editor, Colleen Penniston, at: [chmp49@gmail.com](mailto:chmp49@gmail.com)

## Membership

**Free to a good home** - Our illustrious treasurer, Ralph Webbe, has thrown the numbers into the air and discovered we can survive one more year without collecting membership money. If you know anyone who would be interested in joining this is the time as they would only have to pay the \$30 initiation and be welcome to take part in any of our activities for the upcoming year!

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### List Updates

Darraghs' new email - [diannedarragh44@gmail.com](mailto:diannedarragh44@gmail.com)

Ed Kapusniak and Jan Sharman - new postal code - P1L 0K3 (no they didn't move but post office got bored?)

Bezoffs' address - use the P.O. Box 334 only not Melandaw Lane

Barb and John Mitchell - moved to 38 Monck Road, #304, Bracebridge P1L 1P4 (and she did all this with her arm in a cast!)

Queenie and Alan Reville - moved to Castle Peak Retirement Residence - 56 Douglas Dr, Suite 28, Bracebridge P1L 0B9 - same phone # and email. Queenie spent the winter in Barrie and RVH surviving medical challenges but now on the road to recovery with her infamous optimism and cheery spirit.

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PSS - Best wishes were sent to Rich Ferguson for a prompt recovery from a health battle with his intestines and a return to entertaining us at our management meetings!

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## **Bio's and Passions**



Everyone has one!! We would love to hear yours! Whether it was a memorable moment growing up, a job, a family outing, a vacation, an unusual experience, a special interest...the list goes on and on!! We are looking for members who would share 10 minutes of their time at our general meetings (whether by ZOOM or eventually in person) and let us in on one of your best kept secrets!! We are now booking for September, October, and November. Please contact Jan Davidson at 705-385-8774 or by email at [davdsn@xplornet.ca](mailto:davdsn@xplornet.ca). She will be waiting to 'schedule' you in!!



Your Management Committee needs your help in completing its roster for the 2021-2022 year!! Jan Davidson will be president after the AGM in August, and she would be delighted to have a fellow member join her as vice president!! Other vacant spots include: a member who can look after securing speakers for the general meetings, also a member who will oversee the Special Interest Groups by ensuring up to date schedules are forwarded to the Newsletter chair for publication each month, and we would love one or two more members who would be willing to help us in planning wonderful social experiences for our club. Meetings are held the second Tuesday of each month from 10:00 to 12:00. These meetings are currently being held via ZOOM until it is safe for us to meet in person again. No one does anything alone we all overlap and help each other. The saying 'many hands make light work' is truly our mantra, and we always enjoy our extra couple of hours a month together! Please contact Jan Davidson at [davdsn@xplornet.ca](mailto:davdsn@xplornet.ca) or call 705-385-8774 to let her know the good news that you would love to join us as a member of the management committee!





For more information look up our websites

<https://sites.google.com/site/smprobus/> for our club

<http://www.probus.org/> for our national body

Mailing address is 66 Clarke Cres. Port Sydney P0B 1L0

### Management Team 2020 – 2021

President	Kuebler	Paul	416-560-1802	<a href="mailto:paulkuebler@icloud.com">paulkuebler@icloud.com</a>
Vice President	Davidson	Jan	705-385-8774	<a href="mailto:davdsn@xplornet.com">davdsn@xplornet.com</a>
Secretary	Kuebler	Patricia	705-571-6608	<a href="mailto:kueblerpat@gmail.com">kueblerpat@gmail.com</a>
Treasurer	Webbe	Ralph	705-788-1254	<a href="mailto:ralphwebbe@gmail.com">ralphwebbe@gmail.com</a>
Website	Harris	Doug	705-645-3156	<a href="mailto:drdougie@drdougie.ca">drdougie@drdougie.ca</a>
Membership	Thickett	Petie	705-637-0606	<a href="mailto:mzpt2th@gmail.com">mzpt2th@gmail.com</a>
Speakers	James	Sally	705-645-2581	<a href="mailto:sallyjames@rogers.com">sallyjames@rogers.com</a>
Newsletter	Penniston	Colleen	705-385-2075	<a href="mailto:chmp49@gmail.com">chmp49@gmail.com</a>
Social Outings Chair	<b>VACANT</b>			
Social Outings	Laferriere	Ghislaine	705-394-5665	<a href="mailto:ghislainelaf1211@bell.net">ghislainelaf1211@bell.net</a>
Social Outings	Garvey	Brian	705-645-1353	<a href="mailto:garvey@vianet.ca">garvey@vianet.ca</a>
Social Outings	Sharman	Jan	705-646-1398	<a href="mailto:janet.sharman@gmail.com">janet.sharman@gmail.com</a>
Special Interests	<b>VACANT</b>			
Care Bear	Medland	Ginny	705-385-8774	<a href="mailto:vamedland@hotmail.com">vamedland@hotmail.com</a>
Member-at-Large	Ferguson	Richard	705-637-0390	<a href="mailto:rferguson28@cogeco.ca">rferguson28@cogeco.ca</a>
Member-at-Large	Hyatt	Bev	705-645-5658	<a href="mailto:brhyatt@yahoo.ca">brhyatt@yahoo.ca</a>



## Special Interest Groups

**ARMCHAIR TRAVEL:** **ON HOLD UNTIL COVID 19 ENDS** - We meet on the fourth Wednesday of the month from 10:00 to 11:30 am in the Theatre Room at James Street Place. Armchair Travel is for those who are looking for their next destination, reliving a place they have seen or just enjoying seeing other places from the comfort of their armchair. You do not need to be a member of Armchair Travel. If a particular destination interests you or you have a trip you'd like to present, come on out.

Contact Ted Daglish [daglish@muskoka.com](mailto:daglish@muskoka.com) or 705-765-0330

**COMPUTER CLASS: NEED HELP?** with Email, Microsoft Word, Excel, Photos, Internet or Zoom? Bring your questions on April 21<sup>st</sup> at 11 am (every third Wed), to Ralph Webbe's Computer Question and Answer Class. The class is held over Zoom, so Contact Ralph for a link to the Class.

[ralphwebbe@gmail.com](mailto:ralphwebbe@gmail.com)

**COFFEE AND CONVERSATION:** **NEW TIME AND DATE ON ZOOM!** April 27<sup>th</sup> at 10:00 to 11:00 am. This group runs on an OPEN HOUSE basis, everyone is welcome, and you can come or go as you please.

Contact Pat Kuebler @ 705-571-6608 or [kueblerpat@gmail.com](mailto:kueblerpat@gmail.com)

**DINE AND UNWIND:** **ON HOLD UNTIL COVID 19 ENDS** - We are a group of eight who have been meeting to dine (and unwind) for over 10 years. It is an organized potluck with each person assigned a part of the meal and hosting rotated among the members. We usually meet the second Wednesday.

Contact Margaret McLaren @ 705-645-1015 or [mpmclaren@sympatico.ca](mailto:mpmclaren@sympatico.ca)

**DYNAMIC DINERS:** **ON HOLD UNTIL COVID 19 ENDS** – We are interested in dining and socializing the third Thursday evening of every month at a nice restaurant we agree on.

Contact John Vellinga @ 705-637-0452 or [jmvellinga@sympatico.ca](mailto:jmvellinga@sympatico.ca)

## **Special Interest Groups (con't)**

**FILM BUFF GROUP: ON HOLD UNTIL COVID 19 ENDS** – Maximum of 5 couples meet on the 4<sup>th</sup> Thursday of the month to share a movie watching experience. Host provides light refreshments and a film.  
Contact Keven McAllindon @ 705-684-8456 or [kmcallindon1@cogeco.ca](mailto:kmcallindon1@cogeco.ca)

**FRIENDLY FOODIES: ON HOLD UNTIL COVID 19 ENDS** – We meet for lunch on the fourth Thursday of the month at 12 noon at a nice restaurant agreed on the previous month.  
Contact John Vellinga @ 705-637-0452 or [jmvellinga@sympatico.ca](mailto:jmvellinga@sympatico.ca)

**HIKING CLUB: NEW, STARTING SOON** - For those who like to hike.  
Contact Paul Kuebler @ 416-560-1802 or [paulkuebler@icloud.com](mailto:paulkuebler@icloud.com)

**HOOKED ON BOOKS: ON HOLD UNTIL COVID 19 ENDS** - We tentatively meet on the 3<sup>rd</sup> Friday of the month at Nick's Restaurant at 1:00 pm – 3:00 pm.  
Contact **VACANT, New Coordinator Needed**

**INVESTMENT CLUB:** Need something to do while at Home? Want to understand more about your Investments? Coordinators Dave Low and Joe Ursano welcome you to join the Investment Club on April 12th at 10 am over ZOOM. Contact Dave Low for more information [djlow@vianet.ca](mailto:djlow@vianet.ca)

**MOVIE NIGHT: ON HOLD UNTIL COVID 19 ENDS** – The 4<sup>th</sup> Wednesday is tentatively the night to go the movies.  
Contact Jan Sharman @ 705-646-1398 or [janet.sharman@gmail.com](mailto:janet.sharman@gmail.com)



## Special Interest Groups (con't)

**NEWS AND VIEWS: ON HOLD UNTIL COVID 19 ENDS** – We meet on the 3<sup>rd</sup> Monday of the month at 9:30 am at Nick's Restaurant.  
Contact Barb Rigby @ 705-646-2150 or [brigby@outlook.com](mailto:brigby@outlook.com)

**PROBUS GAMES: ON HOLD UNTIL COVID 19 ENDS** – For people who like to play cards, we meet on the 2<sup>nd</sup> Wednesday of each month at South Muskoka Golf and Curling Club from noon to 3:00 pm.  
Contact Don & Mildred Edwards @ 705-646-0013 or [donmil@sympatico.ca](mailto:donmil@sympatico.ca)

**PROBUS HAPPY HOUR – ON ZOOM** - will be April 15<sup>th</sup> from 4 - 5 pm. Sip on a beverage of your choice and come and go as you please. Everyone is welcome! A Zoom Link will be sent to everyone a few days before.  
Contact Pat Kuebler @ 705-571-6608 or [kueblerpat@gmail.com](mailto:kueblerpat@gmail.com)

**PLEASE NOTE THAT 'HOOKED ON BOOKS' REQUIRES A NEW CHAIR!**



## CARE BEAR



Please remember that if you know of a member who might appreciate a kind word of encouragement, get well wishes, or a condolence message, please let me know. I will send out a card from our Probus Club of South Muskoka that might just help lift the spirit of our fellow member. Please contact me if you know of a member who could use a special 'hug' from all of us.

**GINNY MEDLAND** 705-385-8774 or  
[yamedland@hotmail.com](mailto:yamedland@hotmail.com)



In these isolating times we need more than ever to look out for one another!



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## FOR INFORMATION OR REGISTRATION ON COVID19 VACCINATIONS



1-833-943-3900 (toll free) or online at [www.ontario.ca/bookvaccine](http://www.ontario.ca/bookvaccine)

Information - [www.simcoemuskokahealth.org](http://www.simcoemuskokahealth.org)

For those 70 to 74 years of age can Pre-Register at the following website.

<https://www.simcoemuskokahealth.org/Topics/COVID-19/Vaccine-and-Immunization#1210c2ab-2e18-424b-a527-157e7af50666>



## Time on our Hands

**Colleen Penniston** – Well life is what you make it so to keep my sanity I have finished a knitting project, still working on a crocheting project and I have been sewing a lot of masks. Times when I do not feel like doing anything, I get cosy with a book. Kudos to Bracebridge Public Library. Or I do a jigsaw on the computer. Fortunately, we have 2+ acres and a rural road so walking, or snowshoeing is easy to do. Plus, our Border Collie really appreciates barrelling through the snow in the bush. I stay in touch, via phone, with family that live away (we talk every 2<sup>nd</sup> or 3<sup>rd</sup> day) and friends. Or meet in our driveway. This is not the same as being in close contact, I do miss hugs, however I do what I must do to keep safe. Night is the hardest, I am becoming a couch potato. LOL. We will get through this TOGETHER! Hugs to you all and STAY SAFE.

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**Wendy Truscott** - Last March, when lockdowns began, I'd just finished months of intense work "finalizing" my second novel. After removing a substantial portion of it, which an editor assured me was the foundation of a third book, I felt overwhelmed by the endless revisions and filed everything away.

After a pleasant summer and fall of outdoor visits with friends and catching up on neglected projects, I decided to prepare for a December book launch. In contrast to the substantial crowd at my first one in August 2016, this time a group of bundled up and masked readers reached into the back of our car, one at a time, to retrieve a book. Despite frigid temperatures, there was great warmth, and no one wanted to leave, so we stood in the snow, socially distanced, enjoying human contact and wishing each other a Merry and Covid-free Christmas.



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## Time on our Hands (Con't)

**Jan Davidson** – This past winter I decided to tackle a new craft 'hooking'. I started with a small rug and then did this pillow for our guest room. The Happy Hooker! Jan



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**Larry Haigh** - A year as a senior in a time of pandemic. I am very fortunate to be a senior sharing his life with a beautiful lady in our home here in Muskoka during these times. It has been a year of keeping in touch with friends and family by phone and the various ways via tablet. There has been more connection than normal in fact, although I do miss the hugs and handshakes. Especially the handshakes, for some reason that I don't quite understand. I wasn't a handshaking person before. I guess what we shouldn't do is what we want to do.

An opportunity came along to build a kitchen island for my youngest son this winter. He supplied the material and I got to play in the shop for a couple of hours every day for three months. It was the best gift I could have received to pass the winter. And after a couple hours of puttering, Buddy, our border collie would take me out for a walk before dinner to sharpen the appetite.....

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THIS IS A TEST  
IF YOU CAN

READ THIS

ALL THE WAY

DOWN TO HERE

PLEASE

## Happy Hour March 18<sup>th</sup>



**Scene: With a patient in my medical exam room Me: How old are your kids? Patient: Forty-four and 39 from my wife who passed away, and from my second wife, 15 and 13. Me: That's quite the age difference! Patient: Well, the older ones didn't give me any grandkids, so I made my own.**

**I tried having my mother's phone disconnected, but the customer-service rep told me that since the account was in my dad's name, he'd have to be the one to put in the request. The fact that he'd been dead for 40 years didn't sway her. Then a solution hit me: "If I stop paying the bill, you can turn off the service, right?" "Well, yes," she said reluctantly. "But that would ruin his credit."**

**Two dog owners are arguing about whose pet is smarter. "My dog is so smart," says the first owner, "that every morning he goes to the store and buys me a sesame seed bagel with chive cream cheese, stops off at Starbucks and picks me up a mocha latte, and then comes home and turns on ESPN, all before I get out of bed." "I know," says the second owner. "How do you know?" the first demands. "My dog told me."**







## **MOVIE QUIZ**

Answers on last page

1. Who played the King in the movie "The King and I"?
2. Name Scarlet O'Hara's home in the movie "Gone with the Wind"?
3. Who was the young girl in "National Velvet"?
4. Which Hollywood actress married the Prince of Monaco?
5. The Agent 007 is also known as?
6. How many days did it take to go around the world in the well know movie?
7. What was the name of the scary movie by Alfred Hitchcock with the famous shower scene at the Bates Motel?
8. Which famous actor said, "Play it again Sam" in the movie "Casablanca"?
9. What is the name of the movie where a Jungle Man swings through the trees and has a girlfriend called Jane?
10. Who was the 1<sup>st</sup> actor to play Inspector Closeau in the "Pink Panther"?
11. Which famous actress was a Nanny and flew around under an umbrella in the movie "Mary Poppins"?
12. What is the name of the actor who plays Rocky a boxing champion?
13. What movie had this famous line "I think we need a bigger boat"?
14. What is the name of the little girl in "The Good Ship Lollipop"?
15. Who was the lead actor who played a teacher in the movie "To Sir, With Love"?
16. "Frankly my dear, I don't give a damn" was said by who and in which movie?
17. Who was a swimmer who became a famous film star she was known as Americans Mermaid?
18. Who was the famous actress and sex symbol born Norma Jean?
19. What was the name of the famous cowboy actor also known as "The Duke"?
20. In the Musical/Romance movie made in 1954 (The Number) How many Brides for how many Brothers?

# PROBUS of South Muskoka

## ZOOM MEETING – INFO & TIPS

### Zoom Accounts

- To obtain a Zoom account go to **zoom.us** and sign up
- Download the Zoom app for iPads from the App store or for Android devices at Google Play (works best on Google Chrome)

**Day of Meeting** – Please plan to join the meeting at least 5 minutes before the start time

- Click on the link in the Meeting invitation in the email sent out by Paul
- Join with Computer Audio
- Click Start Video icon
- You will enter a waiting room and the host will admit you to the meeting

If you have any problems connecting or questions when joining the meeting you can call or text, the following members for help.

Paul – (416) 560-1802

Ralph – (705) 788-1254

Pat – (705) 571-6608

**If you have never joined a Zoom meeting before, click on the link below to view a You Tube video for some tips.**

[Joining a Zoom Meeting for the First Time](#)

**Zoom Meeting Tips** – Note we will be reviewing the following tips at the beginning of our meeting.

**Mute / unmute button** – used to mute/unmute your microphone. It is recommended to keep your microphone on mute unless you are going to speak. This will eliminate any background noise (TV, radio, phone ringing, or dog barking) from your location interrupting the person speaking.

- On a **laptop/desktop** this button is in the bottom left corner. On your laptop you can also temporarily hold down the space bar to unmute yourself then release it to mute again
- On a **tablet** this button is in the top right corner
- On a **smartphone** this button is in the bottom left corner.

**Meeting Views** – Depending on the device you are using you have 2 or 3 options on how you can view a meeting.

**Speaker View, Galley View or Fullscreen** (only available on a laptop/desktop). Generally, once a meeting starts you will want to be in **Speaker View**.

- On a **laptop/desktop** the view button is in the top right corner
- On a **tablet** this button is in the top left corner
- On a **smartphone**, swipe left to switch to **Gallery View**, swipe right to switch back to **Speaker View**.

**Zoom Updates – will automatically show up when you join a meeting. *Always keep updated!***

## **Answers to Movie Quiz**

1. Yul Brynner 2. Tara 3. Elizabeth Taylor 4. Grace Kelly 5. James Bond 6. 80 days  
7. Psycho 8. Humphrey Bogart 9. Tarzan 10. Peter Sellers 11. Julie Andrews  
12. Sylvester Stallone 13. Jaws 14. Shirley Temple 15. Sidney Poitier  
16. Clarke Gable playing Rhett Butler in the movie "Gone with the Wind" 17. Esther Williams  
18. Marilyn Monroe 19. John Wayne 20 Seven Brides for Seven Brothers.
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